# MICHIGAN STATE | Extension

### **Charlevoix County 2022-2023 Annual Report**



I'm delighted to share the results of another successful year of partnership between Charlevoix County and Michigan State University (MSU) Extension. Because of your continued support, we've been able to make a difference in the lives of youth, families, businesses, and communities.

MSU Extension offers a broad range of research-based educational outreach to county residents. Over this past year, we've empowered families and individuals to live healthier lives, supported new and local businesses, created opportunities for youth leadership development and career exploration, helped farmers with business management and mental health, and much more. We continue to provide outreach online, hybrid, as well as in-person formats. These options have increased accessibility to Michigan State University resources for your residents. Our staff live and work

alongside county residents and are rooted in community relationships and responsive to community needs.

Our partnership with you makes this all possible. On behalf of the MSU Extension team serving Charlevoix County, thank you for another great year. We look forward to your continued support and hope you will be able to join us during one of our upcoming programs.

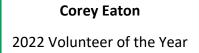
- Adam Koivisto, District 14 Director



# 4-H Youth & Volunteers









**Lillii Armstrong**2022 Youth Member of the Year

Charlevoix County 4-H
celebrate the youth and
volunteers for their
achievements over the past
year at their annual
Recognition Banquet.







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# Take A Day On - Community Service

#### **East Jordan Trailblazers**

Youth take a day off of school to give back to their community

- 17 Youth and 6 Volunteers participated.
- Learned about East Jordan Trailblazers
   ORV/ATV/Snowmobiling.
- Donated non perishable food for the Trailblazers pantry.
- Cleaned the club house, racked outside the building.













Charlevoix county 4-H club

Maple River Hoof Prints

adopted a highway to give back

to their community.

"It makes you feel good to give back to your community." Travis

# 4-H



Charlevoix County 4-H Clubs took to the streets to celebrate and to promote 4-H.

Charlevoix County Creature Clan &
JVABHCCC 4-H Clubs walked in the East
Jordan Freedom Festival and Boyne City
4th of July parades.





Giving Back to Your Community



Make meaningful contributions through community service and leadership.



# 4-H Explore









5 youth from Charlevoix County attended the 4 day event at Michigan State University. They got to live like college students at Michigan State University.

"I had a lot of fun at the dungeons and dragons & rocket class.

I really liked living on campus and all the food options." - Jax



# 4-H Swim School









- 5 Staff all certified lifeguards
- 95 Youth between the ages of 5 years old to 14 years old
  - 6 weeks of classes2 times each week
- 17 swimmers participated in the Lake Swim
- 1.3 mile swim across
   Lake Charlevoix
- Times were between59 min to 2 hours
- Brady, the youngest youth to swim the lake was 7 year old







# 4-H Sports





#### **Tennis Clinic**

- 34 youth participated
- 5 years old to 16 years old
- 4 1 week sessions
- Youth learned the basics about how to play tennis

### **Shooting Sports Club**

Took second in Skeet in the State Shoot

- Wes W. took silver in senior
- Ryder R. took bronze in senior
- Tucker W. took bronze in junior
- Alex W. was fourth in junior

#### **Soccer**

- Spring Boyne City105 Youth
- Fall Boyne City 136 Youth
- Fall East Jordan80 Youth
- 6 week season



# Emmet - Charlevoix County Fair

- 64 Market
   Livestock Youth
- 41 4-H Horse Youth
  - 25 Animal Husbandry Youth
- 24 Cloverbud Youth
- 60 Animal Science
   Volunteers
- 96 animals sold at the 47th annual auction raising \$298,000
- by a grant from





"Out of my 14 years in 4-H the 2023 fair was by far my favorite year thus far. I personally ended a great show year with great prices at the auction, lots of good fair food and most importantly good quality time with my 4-H Family" - Maddie

# Health and Nutrition





Jane Sherry - MSU Extension

**Community Nutrition Instructor** 

• Bergmann Center Charlevoix

6 participants

2 coordinators

- Healthy Eating Adds Up
   6 week series
- Interactive Activates -

Fruit Bingo and MyPlate guessing games

- Recognizing different food groups
   Using MyPlate
- Learned how to read labels

Drink more water and

received a

reusable water

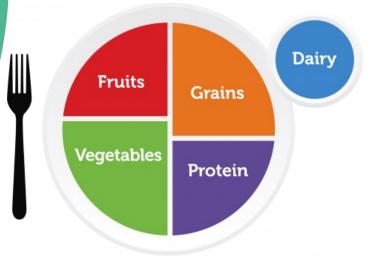
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Quote from a Bergmann

Participant

"getting fewer beadaches

"getting fewer headaches due to staying more hydrated."



# Health and Nutrition

### Jane Sherry - MSU Extension Community Nutrition Instructor



- 25 participants attend the Healthy Snacks presentation at the Jordan Valley District Library.
- Youth participants with their caregivers
- Overview of MyPlate
  - Difference between healthy and unhealthy snacks
  - Played games such as "Musical Snacks"

Participants also tried a yogurt parfait that I brought in for the food

- 9 participants attend the Cooking for One series at the Boyne Area Senior Center.
- 6 2 hour lessons
- Learn ways to make cooking for one simple and enjoyable
- Learn helpful tips and tricks to making healthy choices, like eating well and being active
- Participate in cooking real recipes for one



# Supporting Food and Agriculture

MSU Extension works to improve farm personnel well-being and income, expand agriculture-related businesses and increase employment opportunities, making agriculture one of the strongest industries within Michigan. Supporting agriculture and helping to improve financial stability and competitiveness has a significant economic impact on Michigan and local communities.

### **\$104.7 BILLION**

annual contribution from Michigan's food and agriculture industry

### **\$5.13 BILLION**

economic impact of the animal agriculture industry in Michigan

805,000

jobs related to the food and animal agriculture industry in Michigan

Partnering

with Growers for Timely Research to Address Local Issues

Farm

Management

Over \$1.57

million in tax

savings

Smart
Gardening
32,711 article
views in 2022

Field Crop
Programs
508,000 indirect
11,565 direct

Beginner
Farmer
772 participants
6,071 accessed
resources

Helping Farm Families
Transition Farm Businesses

- 168 Attended Educational Programs
- Over 100 Private Sessions
- 35,272 Accessed Written Articles

"I want you to know that I sincerely appreciate the help you have given us in the farm transition. Thank you for the hope you have given me (personally). I haven't had any for the farm in a long time."

Industry Collaborations

Focus on Preparedness for

### ERAIL: Emergency Response to Accidents Involving Livestock

- Training of first responders, animal haulers and others on how to properly respond when animals are involved in a traffic accident
- The ERAIL program currently has three trailers fully stocked and deployed in Branch, Jackson and Otsego counties
- 42 counties, 7 other states sent trainees to ERAIL

### MSU Extension Fruit Team Continues Fight Against Spotted Wing Drosophila (SWD)

Daily contact with fruit industry, 20 presentations to 500+ growers representing majority of 60,000 acres of susceptible crops has reduced SWD economic impact

- 83% based management decisions on local/regional SWD trap reports and MSU Extension articles
- 69% pruned cherry orchards to open canopies to minimize SWD pressure
- 65% monitored for SWD adults using traps on-farm

## Beaver Island





### Katie Parr

Child & Family Program Instructor Michigan Vaccine Project

Follow along with MSU Extension program instructor Katie Parr as she travels to Beaver Island to provide vaccine education to a group of older adults. Along the way, Katie visits the Beaver Island Rural Health Center and learns about the unique healthcare challenges faced by residents on the island.

To learn more about the Michigan Vaccine Project and vaccine information, including COVID-19, visit extension.msu.edu/learnaboutvaccines.

Support for the Michigan Vaccine Project comes from the Centers for Disease Control and Prevention and the Michigan Department of Health and Human Services.

https://www.youtube.com/watch?v=C9NAtML4klw&t=21s



### **Charlevoix County OFFICE**

### This past year Charlevoix County

# MSU Extension has helped community members through phone, email, Facebook and office walk-ins.

As MSU Extension continues to bring research and education to citizens across the state, three wonderful resources help reach every community member in our counties:

- Ask Extension offers one-to-one answers from MSU Extension experts
  and Extension Master Gardener volunteers on topics such as lawns,
  gardening, agriculture, food safety, food preservation, natural resources,
  community development, youth programming and more! Visit
  Ask Extension at: https://www.canr.msu.edu/outreach/ask-an-expert
- The MSU Extension Lawn and Garden Hotline is made up of Extension
   Master Gardeners with the knowledge and resources to help community
   members with questions from "What plant is this?" to "What's eating my
   flowers?" Call the hotline at: (888) 678-3464
- <u>Soil Test</u> to learn what vital nutrient your soil is missing for healthy growth in gardens, lawns, and crops. Learn more at: https://homesoiltest.msu.edu/



#### **MISSION:**

Michigan State University Extension helps people improve their lives through an educational process that applies knowledge to critical needs and issues and opportunities.

MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse workforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

# Resources at your Fingertips

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